WASH toward clean and healthy Boracay

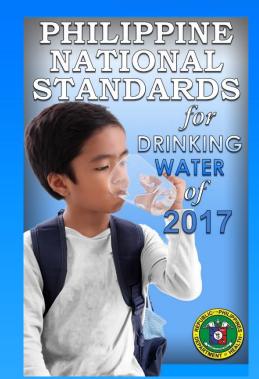
Presented by: Dr. Franklin C. Diza 23 April 2018 | Hotel Jen

Importance of Sanitation

- Human feces is the most common source of microbial pathogens. One gram of human feces has over 1 billion pathogens.
- Germs are passed on from an infected person to a new host through contaminated food, fingers, fluids, fields and flies.
- Safely managed sanitation systems are a primary barrier that breaks the transmission route by safely confining and treating feces.

Importance of Safe Water Supply & Hygiene

- Safe water supply (fluids) and hand hygiene provide the secondary barriers to prevent fecal-oral contamination.
- Despite this high coverage of water supply, a lot of Filipinos are still exposed to unsafe water.
- The current environmental changes and uncontrolled risks due to human activities and natural events are threats to the safe quality of water.



The International Year of Sanitation in five key massages

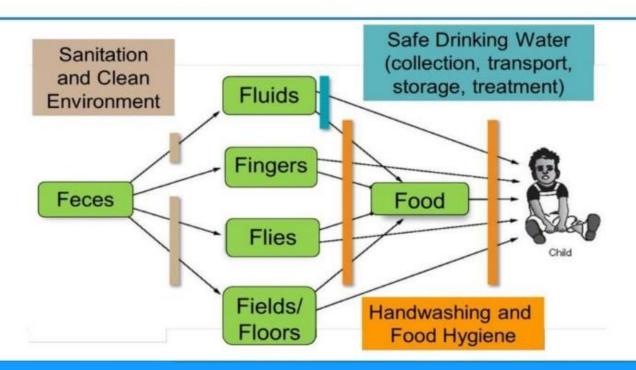
- Sanitation is vital for human health
- Sanitation generates economic benefits
- Sanitation contributes to dignity and social development
- Sanitation protects the environment
- Improving sanitation is achievable

The F-Diagram

- The F-Diagram represents the Fecal Oral Route (or Oral Fecal Route).
- This diagram describes a particular route of disease transmission which is mainly caused by unsafe drinkingwater, poor sanitation, and insufficient hygiene.
- Each year, an estimated 5 million people die from preventable water-related illnesses.



F Diagram



Source: WHO/UNICEF



VIRUS-LADEN DISEASES

- Some water-borne diseases, such as cholera, salmonella and typhoid fever, are acquired through the ingestion of water contaminated with human or animal feces containing pathogenic bacteria or viruses.
- Human feces is the most common source of microbial pathogens, with one gram of human feces containing over 1,000,000,000 pathogens.
- Pathogens are passed on from an infected person to a new host through contaminated food, fingers, fluids (e.g. water), fields (e.g. agriculture), and flies.



WATER-WASHED DISEASES

- Water-washed diseases are caused by lack of water for personal and domestic cleanliness or contact with contaminated water.
- Examples of which include skin and eye infections such as trachoma and scabies.



HOST-BASED DISEASES

- Host-based diseases are transmitted through an intermediate host which lives in water, and causes illnesses in humans who ingest the water or use it for washing.
- Examples include guinea worm and schistosomiasis.

INSECT-BORNE DISEASES

- Water-related insect vector diseases are transmitted by insects which breed in water or bite near water.
- Although these diseases are not directly associated with the lack of access water, their spread is often facilitated by the construction of large-scale irrigation systems and reservoirs that create conditions favorable to their hosts.
- Examples include malaria, dengue, yellow fever, and filariasis



WASH Safety Plan for Boracay

- Risk Assessment and Management
- Drinking-water quality surveillance and testing
- Logistical support to sanitation
- WASH capacity building
- Advocacy and Promotion Campaign
- Monitoring

We've got what it takes – a global consensus

There is a surprisingly high level of consensus about what is needed:

- approaches that respect and respond to people's actual needs, preferences and demands;
- suppliers of sanitation and hygiene services to meet those demands;
- hard work and sustained funding over the long run;
- plain talk about sanitation;
- an inspiring vision of the future.



Resources

Global Hydration (n.d.) *Common Waterborne Disease, Bacteria, Viruses and Cysts.* Retrieved 22 April 2018: <u>https://globalhydration.com/waterborne-disease/common-waterborne-disease-bacteria-viruses-cysts/</u> United Nations Children's Emergency Fund, World Health Organization (n.d.). *Module 4: Sanitation (WASH FIT).* Retrieved 22 April 2018 from: <u>http://slideplayer.com/slide/11996273/</u>

Water1st International (n.d.). *Paths of Disease Transmission*. Retrieved 22 April 2018 from: <u>https://water1st.org/problem/f-diagram/</u>

World Health Organization (2017). *2.1 billion people lack safe drinking water at home, more than twice as many lack safe sanitation*. Retrieved 22 April 2018 from:

http://www.who.int/mediacentre/news/releases/2017/water-sanitationhygiene/en/



THANK YOU!