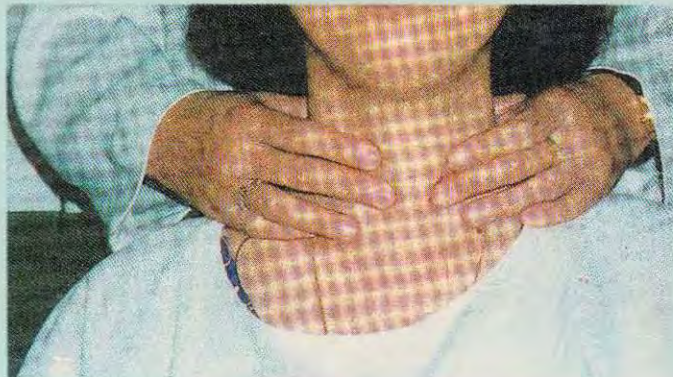




PRIMARY CARE SURGERY

for Family Physicians

2ND EDITION



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EDITORS

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FOREWORD

A major strategy that the World Health Organization is promoting globally towards the attainment of health for all is that of primary health care. An essential element is the notion that individuals are primarily responsible for their own health, and a major role of health care workers is to provide individuals with the appropriate information that will empower them to make informed decisions regarding their health.

Emanating from this philosophy should be a realization that if we are to achieve meaningful improvements in the health of the greatest number of our countrymen, there should be a shift of focus from hospitals to the community, from curative to preventive, and from tertiary to primary care.

Surgeons, more than any other group of specialists ought to benefit most from earlier detection and improved initial care of patients who will eventually need surgery. Surgeons should therefore realize that if meaningful improvements in the results of surgery were to be accomplished, no improvements in operating room technology or surgical technique can compare to earlier detection and improved initial care. These changes should occur not in the operating rooms but in the community, and carried out mainly by community health practitioners and not by surgeons.

The Philippine College of Surgeons (PCS) signed a Memorandum of Understanding with the Philippine Academy of Family Physicians (PAFP) on 7 December 1991. The memorandum, signed by Dr. Willie N. Lagdameo (President) for the PCS, and Dr. Edward C. Tordesillas (President) for the PAFP, called for the PCS to assist the PAFP's continuing medical education programs.

To operationalize this cooperation, a Memorandum of Agreement was signed on 12 March 1993 by Dr. Adriano V. Laudico (President) and Dr. Francisco Y. Arcellana, Jr. (Secretary) for the PCS, and Dr. Rafael P. Bantayan, Jr. (President) and Dr. Zorayda E. Leopando (Executive Secretary) for the PAFP. The memorandum stipulated the conduct of nationwide seminars on PRIMARY SURGERY FOR FAMILY PHYSICIANS and CANCER AWARENESS IN FAMILY PRACTICE.

PCS Scientific Publication No. 5, "Primary Care Surgery for Family Physicians" was published in record time, and the contributors to this first edition were: Armando C. Crisostomo (Editor), Arturo S. De la Peña, Mario S. de Villa, Ray B. Malilay, Jonathan M. Asprer, David T. Bolong, Reynaldo O. Joson, Tiong Sam Lim, Vicente R. Porciuncula, Edgardo Tan, Jose Luis J. Danguilan, Teodoro J. Herbosa, Andres D. Borrromeo, Jeanne J. Azarcon, Isaac David E. Ampil, George G. Lim, Fernando L. Lopez, Ruben W. Gawki, Rafael A. Dajoyag and Jose D. Quebral.

The first seminar was held in Bayombong, Nueva Vizcaya, on 13 June 1993. To date, nine seminars had been conducted, including Dipolog City; Kalibo, Aklan; Tacloban City; Ozamis City; Legaspi, Albay; Roxas City; San Fernando, La Union; and Tagum, Davao del Norte.

The publication and the seminars were supported by an educational grant from United Laboratories through Biomedis, Inc.

On 2 December 1993, the Department of Health (DOH) and the PCS signed a Memorandum of Agreement whereby the DOH would provide financial and administrative support, and the PCS would

conduct nationwide seminars on: CANCER SEMINARS FOR FAMILY PHYSICIANS, SURGICAL INFECTION CONTROL SEMINARS, TRAUMA CARE SEMINARS, PRIMARY CARE SURGERY and STANDARDS FOR OPERATING ROOM ASEPSIS AND ANTISEPSIS. The agreement was signed by Dr. Jaime Galvez Tan (Chief of Staff) and Mr. Nicasio T. Soriano (OIC, Accounting Division) for the DOH, and Dr. Adriano V. Laudico (President) and Dr. Modesto O. Llamas (Vice President) for the PCS.

With the trilateral partnership between the DOH, PCS and PAFP the effort to improve the care of patients afflicted with the most common surgical afflictions could now truly occur at the grassroots level, where it will truly make a real impact.

The task of managing the publication of the second edition of "Primary Care Surgery for Family Physicians" was assigned to members of the Editorial Board of the Philippine Journal of Surgical Specialties on March 1994. The revisions were based on comments and suggestions from users as well as from PCS fellows to make the style not only more user friendly, but also of more practical value in day to day patient care.

It took the editors and contributors close to twenty months to finish the second edition, yet they realize that a third edition will soon be required. To this end, they request the continuing advice and support from the DOH, PCS and PAFP, and most importantly, from the multitude of primary care physicians who will make the vision of health for all surgical patients a reality.

Adriano V. Laudico, M.D., FPCS



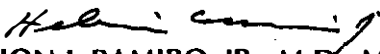
Republic of the Philippines
Department of Health
OFFICE OF THE SECRETARY



MESSAGE

The Department of Health continues to pursue the global vision of health for all through people empowerment. This means empowering our people with the will and ability to determine their own health.

Part of empowerment is providing the people with accurate and current information on health that can help them decide on health matters. The Department of Health and Philippine College of Surgeon's Manual on Primary Care Surgery contains information on how to safeguard the family's health. It is a guide on the basic health care practices.


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Secretary of Health

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