



P.G.H. HANDBOOK ON MEDICAL RESEARCH

Editors:

Corazon A. Ngelangel, M.D.

Mario R. Festin, M.D.

Benigno F. Agbayani, M.D.

Juanito S. Javier, M.D.

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FOREWORD

Much has been said about the need to encourage research activities in a university hospital like the Philippine General Hospital. PGH has taken a healthy view of medical research within its walls for it subscribes to the view that research is part and parcel of quality training and service. Towards this goal, the hospital has sought research grants for its staff and provided the fora for research findings dissemination.

Quantity does not directly translate to Quality. The hospital through the Office of the Research Coordinator under the Assistant Director for Health Operations and the PGH Research Committee has actively supported and encouraged the editors of this research handbook to come out with a useful tool for the clinician who wants to take his first steps in doing a research work. There are so many pitfalls which may undermine the validity of a research work. Hopefully, this handbook could lend a helping hand.

Often, a new researcher is daunted by the fact that for a research work to generate valid results it has to adhere to strict standards. The researcher has to be at least familiar with the concepts/ rules/standards in research for him to gain insights from consultations with his supervisor/adviser or epidemiologist. Hopefully, the researcher will find this handbook a readily available guide in making research work a little less daunting.

Research is the way by which we could answer the questions which arise frequently during our medical or health related careers. Hopefully, this handbook will help us in our search for the answers.

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Preface

This Handbook is prepared to simplify the process of medical research for the knowledge and needs of the clinical clerks, medical interns, residents, post-residency fellows, medical and para-medical staff of the Philippine General Hospital and other training hospitals in the country. Much of the text of this Handbook is lifted from the publications of the pioneers of medical research.

To the PGH Residents, we dedicate this handbook.

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