



# GLAUCOMA HANDBOOK

## Editors

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Maria Hannah Pia U. de Guzman, MD



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**St. Luke's**  
Medical Center  
Quezon City • Global City

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# Glaucoma Handbook

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## Foreword

It has been said that there is no greater legacy in the field of medicine than to have a book published. This Glaucoma Handbook is a fitting tribute to a man who has devoted his entire professional career to the study and practice of glaucoma. The primary editor, Director Emeritus Mario V. Aquino, was the founding chair of the Department of Ophthalmology of St. Luke's Medical Center. And after three years of hard work with the brilliant consultants of the Glaucoma Service, it is a pleasant coincidence that this book was launched on the 25th year anniversary of the department now known as the International Eye Institute.

The publication of this book is in line with the innovative spirit and trailblazing culture of the International Eye Institute and St. Luke's Medical Center as a whole. Proud to be first in many aspects in the field of ophthalmology, the Institute was the first in the country to publish the widely successful *Handbook on Optical Coherence Tomography* authored by the Retina Service five years ago. This Glaucoma Handbook is second in the list of planned publications by the Institute. All these were made possible with the support of the Medical Center through a grant given by the Research and Biotechnology Division.

This book is intended to spread the knowledge in understanding, diagnosing and treating glaucoma based on the collective expertise and experience of Filipino glaucoma specialists for the benefit of the Filipino patients. Great effort has been made to incorporate as much local data as possible to make this handbook widely applicable in the Philippines as well as in South East Asia where glaucoma is a leading cause of blindness.

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This quick reference guide contains the essentials of the important and complex group of conditions known as glaucoma. It covers all aspects of glaucoma care from assessment to diagnosis to management. While it includes the requisite chapters on the primary glaucomas, it also provides succinct information on a wide assortment of secondary glaucomas. This concise and user-friendly book will be helpful for ophthalmologists in practice and in training.



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